TAPAS BAR & RESTAURANT

ALLERGENS · WINTER MENU 2026/2027

MANTONEGRO.ES

	GLUTEN	CRUSTACEANS	EGGS	FISH	PEANUTS	SOY	DAIRY	TREE NUTS	CELERY	MUSTARD	SESAME	SULPHITES	MOLLUSCS	LUPIN
HOT TAPAS														
BRAVAS FRIES	●		●											
FRIED PADRON PEPPERS														
CREAMY IBERIAN HAM CROQUETTES	●		●				●							
ANDALUSIAN STYLE CALAMARI	●		●										●	
GARLIC PRAWNS		●												
GALICIAN STYLE OCTOPUS													●	
SORIA CRISPY PORK BELLY														
NACHOS WITH BEEF							●					●		
KOREAN-STYLE CHICKEN WINGS						●					●			
BROKEN EGGS WITH BLACK PUDDING			●					●				●		
COCHINITA PIBIL TACO														
SALTEÑA EMPANADAS	●		●											
ASIAN-STYLE MUSSELS													●	
COLD TAPAS														
OLIVIER SALAD			●	●										
STEAK TARTARE			●							●				
TUNA TARTARE				●		●					●			
BLACK SEA BASS CEVICHE				●			●							
SPANISH CHEESE BOARD	●						●	●						
FRESHLY CUT IBERIAN HAM												●		
FROM THE GARDEN														
CONFIT ARTICHOKES												●		
GREEN ASPARAGUS			●					●						
GOAT CHEESE SALAD							●	●						
TOMATO SALAD				●										

We have a dedicated gluten-free fryer. If you have any food allergy or intolerance, please tell our staff before ordering. Prices include VAT.

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PASTA														
PUMPKIN RAVIOLI	●		●				●	●						
CHICKEN AND PASTA WOK	●			●		●								
CHICKEN CANNELLONI	●		●				●		●					
FISH														
TUNA TATAKI	●			●		●	●							
SEA BASS WITH GREEN CURRY				●								●		
FISH SUQUET	●	●		●				●						
MEATS														
FALL-OFF-THE-BONE PORK RIBS	●													
LAMB SHANK							●					●		
CAFÉ DE PARIS SIRLOIN STEAK	●						●			●				
VEAL OR CHICKEN MILANESE	●		●				●							
BURGERS														
"MANTO NEGRO" BURGER	●		●				●				●	●		
PULLED PORK SANDWICH	●										●			
ROMAN PINSAS														
PINSA MARGARITA	●						●							
PINSA DIAVOLA	●						●					●		
PINSA SA TERRA	●						●					●		
BREAD														
CRYSTAL BREAD	●													
SOURDOUGH BREAD	●		●											
DESSERTS														
CHEESECAKE			●				●							
CHOCOLATE IN TEXTURES	●		●				●							
PINEAPPLE CARPACCIO							●							
APPLE CRUMBLE	●						●	●						

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